

Hello Neighbour

Are you unable to leave your home or experiencing other difficulties because of Covid-19/Coronavirus?

We are a group of local volunteer residents in Stoke St Michael and we will help wherever we can

We don't ask for anything in return, there is no charge, we just believe in helping each other in a time of difficulty

DO YOU NEED HELP OR SUPPORT?

If you would like to speak to us, even if it's just for a friendly chat then please call or text

Alun Stewart on 01749 840275 / 07889 093179

Amanda Taylor 01749 841864 / 07866 601592

Penny Anderson 01749 840260 / 07970 908671

or you can email us ssmceg@outlook.com

You can also find us on Facebook

www.facebook.com/ssmmutualaid

WOULD YOU LIKE TO GIVE SUPPORT

If you would like to support the community and join in, we can add you to our list of volunteers

Please email ssmceg@outlook.com with your contact details and location to join the volunteer group

These are just a few of the things we can help with...



**PICKING UP
SHOPPING &
MEDICATION**



**A FRIENDLY
PHONE CALL**



**POSTING
MAIL**



**URGENT
SUPPLIES**



**HELP TOPPING
UP ELECTRIC
OR GAS KEY**